# Experimental and finite element analysis of soft nanopillars for biomedical applications\*

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	ABSTRACT
<i>Keywords:</i> Ball Indentation, Hyperplastic Membranes, Nanopillars, and Young's Modulus	The main objectives of this work are i) synthesise low aspect ratio soft nanopillars of the non-uniform cross-sectional area (tapered) on a polymeric substrate and ii) Design of soft nanopillars applying finite element technique. In this work, the nano-pillars are developed on a flat elastomeric substrate using well-established ball indentation technique. Soft elastomeric nanopillars of height ranging from 50 nm to 500 nm are prepared. Finite element simulations are performed to understand the large deformation behaviour of the elastomer. Different parameters such as indenter diameter, the shape of the indenter and elastomer properties are considered to tune the nanopillar height and width. These high aspect ratio nanopillars on flat surfaces can find many potential applications in recent days. In particular, these nano-pillar surfaces can be efficiently applied in the biomedical fields such as cell mechanics studies and biosensors. In these studies, nanopillar devices are implemented as a means to study cell–substrate, and cell to cell interactions. The stiffness and the deflection characteristics of these nanopillars are extremely necessary for biomedical applications.

# 1. Introduction

Synthesis and characterization of nanostructured surfaces are gaining significant attention in recent days due to their diversity of applications. Primary applications of these nanostructured surfaces include energy storage [1-3], adhesion [4-6], surface de-wetting [7] and organic solar cells [8,9]. In general, the shape of these nanostructured materials is limited to a particular shape, mostly cylindrical shape [10] with a high aspect ratio [11]. The typical aspect ratio of these micro and nanopillars varies from 20-60 [12]. There are various fabrication techniques such as focused ion beam method [13-14] and micromachining [15] to synthesize the cylindrical shape micro and nanopillars. However, it is extremely challenging to tuning the shape and aspect ratio of these micro and nanopillars using conventional techniques [16-17].

Irrespective of the application, the performance of these soft pillars significantly depends on the mechanical properties such as compression strength [4, 18], bending stiffness [19], and fracture

\*Corresponding author, E-mail: drmallikarjunacharig@mits.ac.in(Mallikarjunachari G) properties [20]. This mechanical property not only depends on the intrinsic properties of polymers, but properties also depend on the various other parameters. These parameters include the concentration of filler material [21–23], the interaction between the matrix and particles, and particle-particle interactions [24].

In this research work, the application of nanoindentation lithography for creating low aspect ratio soft nanopillars is proposed. The height and width of the pillar was controlled by changing the concentration of the filler (clay) material and magnitude of the load.

# 2. Materials and Methods

The materials Polymethylmethacrylate (PMMA), clay and silicone elastomer are used in this study. Different material systems are prepared by changing the concentration of clay in both PMMA and silicone elastomer. Table 1 presents the materials used in this study. The materials system 1, 3, 4, and 5 are synthesized using solvent casting method. Moreover, the material systems 2, 6, 7 and 8 are synthesized using room temperature curing method. The nanoindentation experiments were conducted using the

$$H = \frac{P}{A_c} \dots (1a) A_c = f(h_c) = C_1 h_c^2 + C_2 h_c + C_3 h_c^{1/2} + C_4 h_c^{1/4} \dots (1b) E_r = \frac{\sqrt{\pi}}{2\beta} \frac{s}{\sqrt{A_c}} (1c) \dots (1)$$

Berkovich indenter (Bruker Hysitron TI premier) with diamond tip (Young's modulus (E) = 1140 GPa, Poisson's ratio (v) = 0.07). Appropriate load function (loading 20 sec), (holding 10 sec and unloading 10 sec) was used for all the

Table 1 Material systems used in the current study.

S. No.	Matrix Material	Filler Material	Concentration
1	PMMA	None	None
2	Silicone Elastomer	None	None
3	PMMA	Clay	1%
4	PMMA	Clay	%5
5	PMMA	Clay	%10
6	Silicone Elastomer	Clay	%1
7	Silicone Elastomer	Clay	%5
8	Silicone Elastomer	Clay	10%

samples [41]. The hardness (H) and Young's modulus ( $E_r$ ) were obtained as a function of load (or penetration depth) given by equations (1a-1c) and are directly obtained from the instrument. Where, P is the maximum load, C<sub>1</sub>, C<sub>2</sub>, C<sub>3</sub>, C<sub>4</sub> and  $\beta$  are the constants, and E<sub>r</sub> is the reduced Young's modulus as expressed in equation 1c. Different sets of peak loads ranging from 20  $\mu$ N to 7000  $\mu$ N were applied depending upon the thin film-substrate material systems.

#### 3. Result and Discussions

Depth control nanoindentation experiments are conducted on the materials systems PMMA, and its composites. Different shape indenters three-sided (Berkovich) and conical shape are used for the indentation purpose. The difference in the indentation size (or shape) due to change in shape of the indenter and are shown by SPM images in Figure 1(a) to 1(f). The height and width of the indentation impressions are measured by taking the section line that passes the centre of the indentation impression. The section profiles showing the width (w) and height (h) of the



**Fig. 1.** Scanning probe images showing indentation impressions on the surface of the PMMA (a), (b) and (c) performed with Berkovich indenter at depths 80 nm, 200 nm and 300 nm (d), (e) and (f) performed with conical indenter at depths 80 nm, 200 nm and 300 nm.

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The magnitude of pristine PMMA is around 33nm which is decreased to 22nm when clay concentration increases to 10%. The variation of Young's modulus (Er) and hardness (H) with an increase in load are shown in Figure 4(a) and 4(b) respectively. Two interesting things are observed in these plots. Firstly, it is seen that the Er and H decreased as the load increases and reached to the constant values. Secondly, as the clay concentration increases the rise in Er and H values are observed. This increases in mechanical properties are main reason for the change in aspect ratio (i.e. ratio of height and width) of the indentation impression discussed in Figure 2. The indented samples are used to prepare soft nanopillars. The elastomer is coated on the top of the indented sample and then allowed sufficient time to cure the



**Fig. 3.** Characteristic load-displacement plots showing the deviations in loading, holding and unloading curves for pristine PMMA, PMMA+1% Clay, PMMA+5% Clay and PMMA+10% Clay respectively (b) difference in hold displacement with varying clay percentage.

indentation impression is shown in Figure 2. It is seen that both width (w) and height (h) increases as the depth increases from 80 nm to 200 nm. The characteristic load- displacement plots of the material systems 1, 3, 4 and 5 are shown in Figure 2(a). It is observed as the clay concentration increases the depth of penetration decreases for the same load (i.e. 1000 µN). Different mechanical properties such as creep. Young's modulus (Er) and hardness (H) are analysed carefully. Since the nanopillar height and width can be easily controlled by these parameters. The creep (hold displacement) is calculated from the load-displacement plot shown in Figure 3(a). The increase in the clay concentration in the polymer matrix decreases the creep behaviour which is expected.

elastomer. After curing, the elastomer is removed and scanned for SPM images. The scanning probe images are shown in Figure 5. From these images, it is clear that the shape of the nanopillar changes as the indenter is changed. Moreover, the height and width of the nanopillars are uniform for a given load. Apart from height and width of the nanopillar, the distance between the nanopillars can be easily controlled by choosing the appropriate gap during the indentation. The surface area without nanopillars is higher than that of the plane which will increase the bacterial adhesion in the biomedical field.

Finite element simulations are performed to validate the aspect ratio of nanopillars; however, the material considered as linear



**Fig. 4.** Variation of measured nanomechanical properties of PMMA with increase in clay concentration and peak load (a) Young's modulus (b) Hardness.





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elastic-plastic and homogenous material. High aspect ratio is observed in simulations compared to the experimental results. Since the polymer material is viscoelastic in nature as time goes, the aspect ratio changes.

# 4. Conclusions

Increase in mechanical properties is observed as the clay concentration increases. These changed in mechanical properties are used to control the aspect ratio of soft nanopillars. Different size soft nanopillars are successfully synthesized from the indented samples. Finite element simulations showed high aspect ratio compared to the experimental results due to the elastic-plastic nature.

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